



Horizon Blue Cross Blue Shield of New Jersey

*Making Healthcare Work.*

# Horizon Dental Companion Plan

COVERED SERVICES with no out-of-pocket costs		OUT-OF-POCKET COSTS
Exams and preventive services	All exams Fluoride treatment (child) Prophylaxis	\$0
X-rays	Panoramic Full-mouth X-rays	\$0
Space maintainers	Fixed unilateral and bilateral space maintainers	\$0
Restorations and repairs	Amalgam restorations	\$0
COVERED SERVICES with out-of-pocket costs		OUT-OF-POCKET COSTS
Restorations and repairs	Composite restorations (other than for molars) Denture adjustments and repairs	\$65 - \$110 \$54 - \$69
Endodontics	Pulp cap Pulpotomy Root canal therapy - anterior, bicuspid Root canal therapy - molar	\$18 \$67 \$374 - \$465 \$567
Periodontics	Scaling and root planing Soft tissue grafts Osseous surgery	\$76 \$226 \$534
Oral surgery	Routine extractions Soft tissue surgical extractions Incision and drainage of abscess Surgical extractions - impacted	\$56 \$139 \$47 \$219 - \$292
Major restorations	Crowns	\$668
Dentures	Complete and partial dentures	\$461 - \$757
Fixed bridges	Retainers and pontics	\$668

Services are for illustrative purposes and represent in-network coverage only. For a complete listing of covered services, plan limitations, deductibles and maximums, consult your benefit booklet.

A six-month waiting period applies to major services. The waiting period can be waived with proof of prior coverage for major services.

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# Dental Vocabulary

## Visits and Exams

**Fluoride Treatment** - a prescription-strength fluoride product that helps strengthen the tooth surface and prevent cavities.

**Sealant Application** - a composite material used to seal the decay-prone pits, fissures and grooves of children's teeth to prevent tooth decay.

**Space Maintainer** - a dental appliance that fills the space of a lost tooth or teeth and prevents other teeth from moving into the space. Used especially in orthodontic and pediatric treatment.

**Prophylaxis** - the scaling and polishing procedure performed to remove calculus, plaque and stains from teeth.

## Restorations and Repairs

**Restoration** - any material or device used to replace tooth structure lost because of decay or fracture.

**Amalgam** - an alloy used to restore teeth.

**Composite Restoration** - a tooth-colored material used to restore teeth.

## Endodontics

**Endodontics** - the dental specialty that deals with injuries to or diseases of the pulp, or nerve, of the tooth.

**Pulp Cap** - procedure used by which pulp is covered with a dressing or cement.

**Pulpotomy** - to remove a portion of the tooth's pulp.

**Root Canal Therapy** - the process of treating disease or inflammation of the pulp or root canal. This involves removing the pulp and tooth's nerves and filling the canal(s) with an appropriate material for a permanent seal.

**Anterior** - refers to the teeth and tissues toward the front of the mouth.

**Molar** - the broad, multicusped back teeth used for grinding food.

**Bicuspid** - a two-cusped tooth found between the molar and the cuspid.

## Periodontics

**Periodontics** - the dental specialty that deals with injuries or diseases of the gums and supporting tissues.

**Scaling** - a procedure used to remove plaque, calculus and stains from the teeth.

**Root Planning** - the process of scaling and planning root surfaces to remove all calculus, plaque and infected tissue.

**Gingivectomy** - the surgical removal of gingival (gum) tissue.

**Osseous Surgery** - surgery performed to correct damage to gingival (gum) tissue and supporting structures as a result of periodontal disease.

## Oral Surgery

**Surgical Extractions** - extraction of an unerupted tooth by making a surgical incision.

**Incision and Drainage of Abscess** - making an incision so the trapped liquids in the infected tissue can escape.

## Major Restoration

**Crowns** - the portion of the tooth that is covered by enamel. Also a dental restoration that covers the area of the tooth and restores it to its original shape.

## Dentures

**Complete Dentures** - a dental prosthesis that replaces all the natural teeth of a single dental arch.

**Partial Dentures** - a dental prosthesis that replaces one or more, but less than all, of the natural teeth and associated structures in an arch.

## Fixed Bridges

**Retainers** - the part of a fixed bridge that attaches a false tooth to a natural tooth or implant.

**Pontics** - an artificial tooth used in a fixed bridge to replace a missing tooth.