



Horizon Blue Cross Blue Shield of New Jersey

*Making Healthcare Work.*

# Horizon Dental PPO Access Plan

<b>COVERED SERVICES with no out-of-pocket costs</b>		<b>OUT-OF-POCKET COSTS</b>
Exams and preventive services	All exams Fluoride treatment (child) Sealant application Prophylaxis	\$0
X-rays	Panoramic Full-mouth X-rays	\$0
Space maintainers	Fixed unilateral and bilateral space maintainers	\$0
Restorations and repairs	Amalgam restorations	\$0
<b>COVERED SERVICES with out-of-pocket costs</b>		<b>OUT-OF-POCKET COSTS</b>
Restorations and repairs	Composite restorations (other than for molars) Denture adjustments and repairs	\$65 - \$110 \$54 - \$69
Endodontics	Pulp cap Pulpotomy Root canal therapy - anterior, bicuspid Root canal therapy - molar	\$18 \$67 \$374 - \$465 \$567
Periodontics	Scaling and root planing Soft tissue grafts Osseous surgery	\$76 \$226 \$534
Oral surgery	Routine extractions Soft tissue surgical extractions Incision and drainage of abscess Surgical extractions - impacted	\$56 \$139 \$47 \$219 - \$292
Major restorations	Crowns	\$668
Dentures	Complete and partial dentures	\$461 - \$757
Fixed bridges	Retainers and pontics	\$668

Services are for illustrative purposes and represent in-network coverage only. For a complete listing of covered services, plan limitations and maximums, consult your benefit booklet.

A six-month waiting period applies to major services. The waiting period can be waived with proof of prior coverage for major services.

Products are provided by Horizon Blue Cross Blue Shield of New Jersey, an independent licensee of the Blue Cross and Blue Shield Association.  
 ® Registered marks of the Blue Cross and Blue Shield Association.  
 ® and SM Registered and service marks of Horizon Blue Cross Blue Shield of New Jersey.  
 © 2008 Horizon Blue Cross Blue Shield of New Jersey  
 Three Penn Plaza East, Newark, New Jersey 07105

19322 (W0508)

# Dental Vocabulary

## Visits and Exams

**Fluoride Treatment** - a prescription-strength fluoride product that helps strengthen the tooth surface and prevent cavities.

**Sealant Application** - a composite material used to seal the decay-prone pits, fissures and grooves of children's teeth to prevent tooth decay.

**Space Maintainer** - a dental appliance that fills the space of a lost tooth or teeth and prevents other teeth from moving into the space. Used especially in orthodontic and pediatric treatment.

**Prophylaxis** - the scaling and polishing procedure performed to remove calculus, plaque and stains from teeth.

## Restorations and Repairs

**Restoration** - any material or device used to replace tooth structure lost because of decay or fracture.

**Amalgam** - an alloy used to restore teeth.

**Composite Restoration** - a tooth-colored material used to restore teeth.

## Endodontics

**Endodontics** - the dental specialty that deals with injuries to or diseases of the pulp, or nerve, of the tooth.

**Pulp Cap** - procedure used by which pulp is covered with a dressing or cement.

**Pulpotomy** - to remove a portion of the tooth's pulp.

**Root Canal Therapy** - the process of treating disease or inflammation of the pulp or root canal. This involves removing the pulp and tooth's nerves and filling the canal(s) with an appropriate material for a permanent seal.

**Anterior** - refers to the teeth and tissues toward the front of the mouth.

**Molar** - the broad, multicusped back teeth used for grinding food.

**Bicuspid** - a two-cusped tooth found between the molar and the cuspid.

## Periodontics

**Periodontics** - the dental specialty that deals with injuries or diseases of the gums and supporting tissues.

**Scaling** - a procedure used to remove plaque, calculus and stains from the teeth.

**Root Planing** - the process of scaling and planing root surfaces to remove all calculus, plaque and infected tissue.

**Gingivectomy** - the surgical removal of gingival (gum) tissue.

**Osseous Surgery** - surgery performed to correct damage to gingival (gum) tissue and supporting structures as a result of periodontal disease.

## Oral Surgery

**Surgical Extractions** - extraction of an unerupted tooth by making a surgical incision.

**Incision and Drainage of Abscess** - making an incision so the trapped liquids in the infected tissue can escape.

## Major Restoration

**Crowns** - the portion of the tooth that is covered by enamel. Also a dental restoration that covers the area of the tooth and restores it to its original shape.

## Dentures

**Complete Dentures** - a dental prosthesis that replaces all the natural teeth of a single dental arch.

**Partial Dentures** - a dental prosthesis that replaces one or more, but less than all, of the natural teeth and associated structures in an arch.

## Fixed Bridges

**Retainers** - the part of a fixed bridge that attaches a false tooth to a natural tooth or implant.

**Pontics** - an artificial tooth used in a fixed bridge to replace a missing tooth.